



NEWSLETTER

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CLASS FOCUS 3/4B & 3/4R

In Stage 2, we have been stretching our brains in so many ways and across many different learning areas. Currently, Mrs Bean and Mrs Rodwell are undertaking professional development in becoming Smiling Mind Champions (Ambassadors) within our school. This means we are putting our mindfulness skills into practice, as evidence-based research suggests that these skills strengthen areas of the brain related to attention, memory, and self-regulation of emotions and behaviour. This can lead to improvements in academic, social and emotional skills, and provides students with lifelong tools to support healthy minds. At first, our students thought this was a little crazy, but they are really starting to embrace it and enjoy this 5-minute activity each day.



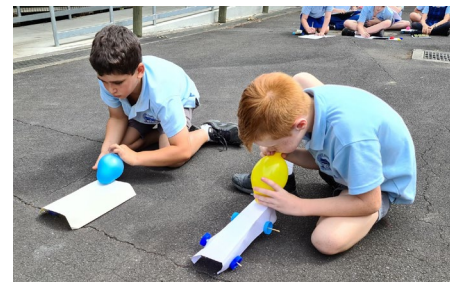
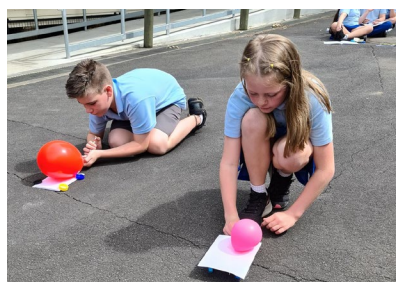
So, what is mindfulness you may ask? It is so many things but the most basic is that it is exercise for the brain. Just like all exercise, it strengthens our brain (the muscle we are using) every time we do it.

"Mindfulness is paying attention to the present moment with openness, curiosity and without judgment."

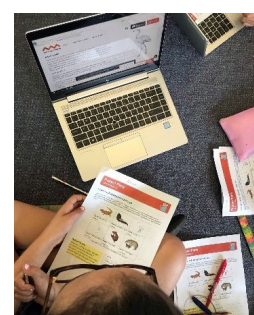
Associate Professor Craig Hassed highlights the need for the implementation of such programs, "The world needs mindfulness; and in this fast paced, stressed and distracted world, the children of today probably need it more than any previous generation."



In Science, students have been learning about the physical sciences in a unit of work called Smooth Moves. The students have been exploring the different forces such as contact and non-contact forces used to move something such as push, pull, gravity and magnetism. Each class has participated in a Speed Racer experiment where students had to design and construct a model car and a thrust force apparatus in order to attempt to make their Racer move.



During CAPA lessons, students are exploring the making of puppets, with a vision to create their own endangered Australian animal puppet based on their own research. Students will then use their puppets in class for a drama performance, in which they will work in groups to compose a short script which will entertain and inform their audience of the threats to their chosen animals' existence.



In English students have been learning about poetry. We have looked at how poems have subjects and themes and use language to create images. This week students have been looking at idioms and examined how these common phrases have double meanings which cannot be taken literally.

Perfection makes my blood boil! *Jasmine V 3/4R*

It makes my blood boil when my sisters tell me to wake up and get ready! *Reuben H 3/4R*

Sitting in class lines drives me around the bend! *Jack P 3/4R*

Luna makes my blood boil when she stands in front of the TV! *Ollie W 3/4B*

Keep working hard Stage 2. We are so very proud of you.

Mrs Bean & Mrs Rodwell.

Water Park

Water Park Water Park it's so fun
Watch me now because I'm nearly done
Chlorine, salty water swooshing like a mouse
Just like chlorine swooshing on a house
Water going against the slide, taking me with it
I put my floaty down and the water too it
When you watch me swim
I think it's time to imagine a fin!

Sierra M 3/4R

PRINCIPAL'S REPORT

IMPORTANT DATES

- 11 November - Kindy 2021 Transition 2:30pm – 3:30pm
- 13 November – NAIDOC Mufti Day
- 18 November - Kindy 2021 Transition 2:30pm – 3:30pm
- 18 November - Hawkesbury Cup (Selected Students)
- 25 to 27 November - Stage 3 Camp
- 9 December - Presentation Day
- 14 December – Year 6 Farewell

Congratulations to our Public Speakers

Congratulations to the finalists in the Wilberforce Public Speaking Competition. The standard and execution of speeches proved outstanding with the adjudicators having an incredibly difficult task. This is the third year we have run a formal public speaking competition, and the standard across all grades has improved immensely, especially in the impromptu category. Well done to every student who did a speech this year.

Special congratulations to the following overall stage winners:

Early Stage 1

Winner: Emily M, Runner Up: Harry H, Highly Commended: Nicholas R

Stage 1

Winner: Rex D, Runner Up: Mya G, Highly Commended: Zara W

Stage 2

Winner: Mia L, Runner Up: Sarah F

Stage 3

Winner: Madison Mc, Runner Up: Emily S

Congratulations to our Young Writers

Young Writers' is a competition across all the schools in the Hawkesbury Learning Community which celebrates quality learning and achievement. Congratulations to Sam B from KG who won the Kindergarten division and Caitlyn M from 3/4M was also a runner up in Stage 2. Commendations also to Jason C from 5/6D and Brooklyn M from 1/2W who were also finalists in the Young Writers' competition. The students all received a published version of the finalists' stories from this year.

2021 Kindergarten Orientation

Over the last two Wednesdays, it was delightful to see so many of our new 2021 students attend the Kindergarten transition program for those children beginning their schooling journey next year. Thank you to our Kindy team, especially Mrs van Hensbergen and Mrs Phillips who constructed the four Kindergarten orientation programs this year and the resources online. Thanks also to Fiona Keane and Paul Matthews for supporting the online resources. Parents are reminded to ensure they have enrolled their child and provided their child's proof of identity (e.g. birth certificate), proof of address and immunisation record. We look forward to seeing our new Kinder students again next Wednesday!

World Teachers' Day

In a challenging year for all, I think we can all agree on the importance of teachers and their role in society. Last Friday, 30 October was World Teachers' Day. The connections and relationships they build with students through learning last a lifetime. The influence of a great teacher can never be erased. Thank you to all our Wonderful Wilberforce teachers.

2021-2024 Planning Survey

If you have not taken the time to give offer feedback about our school plan, please consider giving 5 minutes to complete it. The link is: <https://www.surveymonkey.com/r/Y3HR89N>

This plan will assist us in improving our school over the coming years. Many thanks to all the parents who have already completed the survey.

2021 Staffing and Class Update

Staff planning for the 2021 school year is now well underway. Currently, we have between 13 and 14 classes in 2021, mainly because of the enrolment policy. For this reason, we may not place students into classes until after recess on the first day next term. At the moment we are operating on a plan for 14 classes. The planned class lists are below however this may change before the end of the year. Mrs Ezzy and Mrs Dickerson will assist Ms Tierney in the RFF role within the school. Mrs Ruzgas and Mrs Roberts will continue their role in learning support.

Classes 2021			
Kindy	Mrs van Hensbergen/Mrs Phillips	3/4	Mrs Chapple
Kindy	Mrs Watt	3/4	Mrs Rodwell/Mrs Brien
Year 1	Mrs Gersbach/Mrs Dickerson	3/4	Mrs Bean
Year 1	Mrs Ahmedi	4/5	Miss Dossaer
Year 1/2	Mrs Wilkes	5/6	Mr Anthoney
Year 2	Mr Hughes	5/6	Mrs Chia
Year 2/3	Ms Maunder	5/6	Mrs Farrell

Class Placements

Each year we give parents the opportunity for input regarding the placement of students for the following year. This exercise is about considering your child's educational needs. It is not an exercise in selecting your child's teacher. Class teachers are the person in the best position to make judgments about the educational needs of your child as they see all aspects of a student's schooling. The school is consultative in this matter; however, the final decision rests with the class teachers. It is my responsibility as Principal to support the judgment of teachers that I entrust with this decision.

Not all requests are workable and we are always focused on ensuring students develop resilience and perseverance. Teachers will begin the process of class placements in the weeks ahead with the hope of having them finalised in Term 4. This process takes many hours of work to ensure classes have a balance of gender, and learning and social needs. If you think there is some aspect of your child's learning that requires further consideration, please address your requests in writing to the school's email address by **Friday 20th November**. Email: wilberforc-p.school@det.nsw.edu.au

2021 Enrolments

Selective High School – 2022 Change of Dates All students in Year 5 received an “intention to apply” form today, which is required to be filled out and returned to school if the student is wishing to apply for entry into selective high school in 2022. This form is not an application. Applications for Year 7 entry to selective high schools in 2022 will be accepted from Tuesday 13th October 2020 to Monday 16th November 2020. Parents must apply online at <https://education.nsw.gov.au/public-schools/selectivehigh-schools-and-opportunity-classes/year-7>

All applicants are required to sit the Selective High School Placement Test to be held on Thursday 11th March 2021.

2021 Year 6 to Year 7 Transitions

Mrs Ruzgas has been busy following up with all our feeder high schools about transitions this year. Students will also participate in a High School Experience Day at our school on Tuesday 24th November.

Thank you to:

- Ms Maunder for organising the Public Speaking Competition and Young Writers' Committee.
- Mr Hughes for coordinating Rugby League training.
- All the parents who have provided feedback about our 2021-2024 school plan.

Graham Wilkins

Principal

Not Returning to Wilberforce PS?

We are currently in the process of looking at our class structures for 2021. If you anticipate that you and your family will not be with us next year, please fill in the slip and return it to Mrs Turner in the office as soon as possible or ring us on 4575 1424 or email wilberforc-p.school@det.nsw.edu.au

This information is vital to us, so we can ensure we form the correct classes and support structures for our students.

Organisation 2021

Family Name: _____

My child/children will not be returning to Wilberforce Public School in 2021.

Parent Name: _____ Signed: _____ Parent/ Caregiver

NEWS, NOTES AND HAPPENINGS

NOTES Home	NOTES <u>Due</u>
Stage 3 Camp (Year 5&6) Nepean Adventure Centre	Friday 13 November

Weekly Focuses:



Responsible:

I walk and play safely and sensibly.



Reflective:

I make connections.

NO PARKING SIGN

Vehicles are not permitted to park between:

- 8.30am and 9.15am
 - 2.30pm and 3.30pm.
- ON SCHOOL DAYS

Only during the above times, it is permissible to stop, but the driver must be within the distance of 3 metres from the vehicle during these times.



BUS ZONE SIGN

During the BUS ZONE times, vehicles are NOT PERMITTED

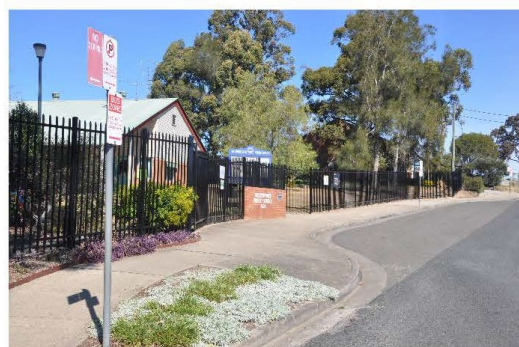
TO PARK OR STOP between:

- 9.15am and 9.45am
 - 3.30pm and 4.30pm.
- ON SCHOOL DAYS





✓ Macquarie Road Bus Zone allows parking after 9:45am and before 3:30pm only.

Parking in School Bus Bay



The following information is a reminder for all parents of our school of the Parking Signs in the school bus bay.

Sound Waves

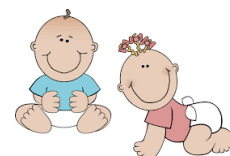
Week 5 Term 4 	Graphemes: air are	Graphemes: Extra wear, their, there, they're, we're	Focus Concepts: Adding s or es, Homophones: there/their/ they're, bear/bare, hare/hair, pair/pear, we're/where/wear, Contractions: they're, we're, Compound words: haircut, downstairs, everywhere, upstairs, wheelchair, airport
Week 6 Term 4 	Graphemes: Schwa er ar or a e i o u	Graphemes: Extra colour, litre, picture, certain	Focus Concepts: Alphabetical order Suffixes: er, or, ant, ent, Greek and Latin roots: capio captus, caput capitus, decem, natalis

Student Leaders Speeches 2021

On Friday 20th November, our Year 5 students will be presenting their speeches regarding why they would be a great student leader at our school during 2021. The role of the student leader is a very important one. Students deciding to take on this challenge need to understand there are many responsibilities and high expectations which go hand in hand with the roles. I know by talking and interacting with many of our Year 5 students that we have so many students who are capable of taking up this challenge. We wish them all the best for the elections.

Reminder: Year 6 Students

Please bring in your baby photos for the 2020 Year 6 Book. We ask that if they are original photos that the photo be placed in an envelope with the child's name clearly marked. You are also welcome to email them to wilberforc-p.school@det.nsw.edu.au and the subject of the email to be the child's name.



Year 6 Farewell

Thank you to those wonderful Year 5 mums who attended our first Year 6 Farewell meeting on Monday. Thank you also to those mums who returned notes offering their assistance. We will be in contact soon.

Planning is now underway and we intend to meet each Thursday afternoon from now on. Our next meeting will be on the 12th November. See you there!



Kindergarten Orientation

We have enjoyed our first two days of Orientation. You can join us for more school fun on Wednesday 11th November and Wednesday 18th November from 2.30 to 3.30pm. We are looking forward to seeing your bubbly faces soon!



STAGE NEWS

Early Stage 1

On Tuesday we had our Jungle Safari. First, we saw a crocodile. Next, I saw a black headed python. Finally, we had a disco and we ate ice blocks. We also watched Madagascar. **Archer W**

On Tuesday we had our Jungle Safari. Firstly, we wore animal costumes. Next, we had a disco in the hall. After that we had ice blocks. Lastly, we got to hold the reptiles. The lizard felt smooth! **Kaitlyn S**

On Tuesday we had our Jungle Safari. First, we all dressed in animal costumes. Next, we looked at animals and reptiles. Finally, we had ice blocks. **Harry H**

First, we went to the jungle safari to see the animals. People got to hold the animals. I didn't because I was scared of the snake and the frog and the alligator. It was cool. **Evie M**

First there was a kid's python and a big python. There was a croc and a tree frog. There was a long neck turtle there. We had a disco. At the end of the day we watched Madagascar. **Jack H**

First, I saw all of the animals and there was a lot of tigers. Next there was a very big snake and lizard. Then we were so hot in our costumes. Also, we got to hold a crocodile. We had so much fun there. Finally, we had a disco and then watched Madagascar. Then we went home and I went to gym. The jungle safari was so so amazing. **Dakota A**

First, I went to school with my costume on. I was a tiger. I had a jungle safari. We got a crocodile to come in for K Blue, K Green and K Purple. We were in the hall because that is where the reptiles were. Also, a black neck python came in. A lizard came in and frogs too. They were jumping everywhere. **Luna W**



Stage 3

Term 4 is a busy time in Stage 3. Interrelate lessons conclude this week. Year 5 and Year 6 have enjoyed informative lessons which have assisted the students to understand relationships with themselves, their family, their friends and their world. Thank you to Mrs Chia for organising this annual program.

In Geography, the students are studying Natural Disasters, focussing on 'Earthquakes'. In Library, the students are busy finalising their projects on Asia. We have completed many projects in Art. See some of our samples below.

Camp will be in Week 7 at Nepean Park Adventure Centre. The dates are Wednesday 25 to Friday 27 November. Mr Wilkins, Miss Dossaer, Mrs Farrell, Mrs Chia and Ms Tierney will be attending. Please remember to make final payment by the due date **Friday 13th November**. Parents will be sent a link via email early next week to enter your child's medical and dietary requirements for camp.

In English, we have been focussing on poetry, in both reading and writing activities. Thank you to Miss Dossaer for the fantastic program you have written for Stage 3.

Assessments for Term 4 will be held during Weeks 4 and 5.

Captain and Prefect speeches will be held on Friday 20th November. You will receive ZOOM details closer to the day. Thank you to all the Year 5 students who have nominated to fill these roles in 2021. Good luck to all the candidates.

On Friday 4th December, the Year 6 students will be 'sold off' for Hire-A-Hero Day. I'm sure there will be many teachers and students buying tickets for an end of year helper. Tickets will go on sale Monday 23rd November and be drawn on Thursday 3rd December.

Mrs Chia recently held the first meeting with parents, to plan and prepare the Year 6 Farewell. In order to meet the costs of decorations for the hall, we started selling Zooper Doopers at lunchtime, each Tuesday. The Year 6 Farewell will be held on Monday 14th December.



SPORT

Wilberforce Athletics Champions 2020

Junior Girl Champion		Junior Boy Champion	
1 st Charlotte H		1 st Cooper A	
2 nd Ella G		2 nd Brayden B	
3 rd Katie K		3 rd Lachlan H	
11yr Girl Champion		11yr Boy Champion	
1 st Ella S		1 st Noah B	
2 nd Ashlee D		2 nd Preston C	
3 rd Cailin M		3 rd Anthony P	
Senior Girl Champion		Senior Boy Champion	
1 st Alex R		1 st Max M	
2 nd Isabelle T		2 nd Cameron S	
3 rd Maya W		3 rd Braydan C	
House Results			
1 st	Wombats	Points 596	
2 nd	Koalas	Points 594	
3 rd	Wallabies	Points 590	
4 th	Kookaburras	Points 542	

WEEKLY AWARDS

Bronze

Lachlan A 5/6D, Leo S KB, Grace S 1/2W, Aidan M 2C, Isabella W 1/2W, Scarlett B 3/4M, Michael R 3/4B, Noah B 5/6R, Samuel B KB, Amity K 1/2W x 2, Lucas P 3/4H x 2, Amelia K 3/4H, Evie K 1D, Sierra M 3/4R x 3, Lincoln M 1/2W, Gabriel M 5/6C x 3, Ava M KG, Zoe W 2C, Ivy C KP, Taj K 2C, Harrison J 3/4M, Mason L KG, Paige H KP, Lachlan B 2C, Brayden B 3/4B x 2, Gwen D 3/4R, Archer W KG, Indigo R KB, Ashalina A 1/2W, Summah C 2G, Amman A 5/6D, Enoch T 3/4R x 2, April M 2C, Brooklyn A 3/4B, Ethan S 2G x 2, Mikayla C 1D, AJ C 2C, Lacey H 2C, Riley M KP

Silver

Aidan M 2C, Paige E 2C, Amity K 1/2W, Lucas P 3/4H x 2, Sierra M 3/4R, Amelia K 3/4H, Lincoln M 1/2W, Gabriel M 5/6C, Harrison J 3/4M, Brayden B 3/4B, April M 2C

Gold

Harrison J 3/4M, Brayden B 3/4B



Monday	Wednesday	Friday
9 November	11 November	13 November
Kerri Allen Sandra Binks	Rebecca Zerk Rachael Louisa	Carly Vincent Kate McHenry Leagh Follington
Monday	Wednesday	Friday
16 November	18 November	20 November
Emily Read Rebecca Stephen	Kate McHenry Beck Dutschke	Dale Ellington Linda Fenech Leagh Follington

Term 4 Wilberforce Public School 2020					
Term 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4	2 Nov P&C Meeting 7pm	3 Nov	4 Nov Kindergarten 2021 Orientation Visit 2 (Students only 10am - 12:15pm)	5 Nov Newsletter Interrelate (Stage 3)	6 Nov
Week 5	9 Nov	10 Nov	11 Nov Kindergarten 2021 Orientation Visit 3 (Students only 2:30pm - 3:30pm) <i>Remembrance Day Ceremony</i> (students only)	12 Nov	13 Nov NAIDOC Mufti Day
Week 6	16 Nov	17 Nov	18 Nov Kindergarten 2021 Orientation Visit 4 (Students only 2:30pm - 3:30pm) Hawkesbury Rugby League Cup (selected students only)	19 Nov Newsletter	20 Nov Year 5
Week 7	23 Nov	24 Nov	25 Nov Year 5 & 6 Camp	26 Nov Year 5 & 6 Camp	27 Nov Year 5 & 6 Camp
Week 8	30 Nov Year 6 Basketball Gala Day	1 Dec	2 Dec	3 Dec Newsletter	4 Dec
Week 9 Reports go home this week	7 Dec P&C Meeting 6:30pm (ZOOM)	8 Dec	9 Dec <i>Presentation Day</i>	10 Dec Newsletter	11 Dec Kindy & Stage 1 Movie Day (TBA)
Week 10	14 Dec <i>Year 6 Farewell</i>	15 Dec The Wilbo Have a Go Show!	16 Dec The Wilbo Have a Go Show! Last day for students	17 Dec SDD	18 Dec SDD

*This is a working document, events may change.

NOTE: Students Year 1 to 6 Return Term 1 Friday 29th January 2021

Kindergarten 2021 Begin Term 1 Tuesday 2nd February 2021

What parents need to know about

NETFLIX

18+
The account holder must be 18 or older.

Launched in 1997, Netflix is now one of the world's leading online streaming services, providing users with unlimited access to a huge selection of TV shows and films. It's available on any internet-connected device that supports the Netflix app, from smart TVs and games consoles to tablets and smartphones, and is becoming increasingly popular with a younger audience. This is unsurprising given consumer attitudes are changing more towards video-on-demand (VoD) services. That's why we've created this guide to help parents and carers understand exactly what Netflix is about.

Inappropriate content

Netflix hosts and produces content for all ages. It has a wide variety of films and TV programmes for young children, teens and adults and its extensive catalogue can provide hours of entertainment. Children can search for almost anything but if they share the same account as an adult, it can also open them up to viewing material that is adult themed or inappropriate. Netflix doesn't check who's watching so children could access films or TV shows that contain violence, nudity or foul language.



Risk of hacking

With millions of users in over 190 countries, Netflix is often targeted by hackers and phishing scams which try to illicit usernames and passwords to gain access to accounts. If successful, hackers can steal payment details or try to sell your data on the dark web, providing others with the opportunity to profit. Given Netflix doesn't provide 2-factor authentication, it's important to ensure your login details remain secure.



Binge-watching

With the ability to access Netflix on almost any device, it can be easy to fall into 'binge-watching' TV series, with users finding it difficult to turn it off without knowing what happens next. The autoplay function also means that the next episode usually plays within seconds of the last ending and the Netflix algorithms mean that recommended programmes are very often similar to those you've just watched. This can easily lead to spending hours in front of the TV through the day or staying up through the night, potentially affecting sleep, mood and the ability to concentrate the next day.



Screen addiction

In addition to binge-watching, the fact that Netflix is available on almost any device with an internet connection means that parents may find it difficult to prize children away from a screen. With a huge collection of children's TV programmes and the latest film titles, children could start watching on the TV, continue on the tablet and finish on their games console. Increased screen time means that they may spend less time learning, playing outside, find it difficult to sleep or communicate less with family and friends.



Netflix party

Netflix Party is a free extension on Google Chrome that gives users the ability to watch a film or TV show online simultaneously with friends or family in different locations. It also provides the ability to chat to each other during the stream. Users can create a party and send a link to people they want to invite however the link can be copied and distributed further, meaning children could potentially be open to a group chat with people they don't know. It should be noted that Netflix Party isn't an official Netflix product and needs to be downloaded separately to the app.



Safety tips for parents & carers

Create a Netflix Kids experience profile

One of the biggest advantages of Netflix is the ability to control what content your children can watch. Setting up a Netflix Kids experience profile means that children only have access to TV shows and movies which have been carefully selected for kids. The look and feel of the app is simpler and children can't access any account settings.



Set maturity ratings & block content

If your child is a little older, parents can create a separate profile to their own and set a maturity rating that means children will see only TV shows and movies that fit that rating. The three categories of rating for the UK are Kids (all, U, PG), teens (12, Guidance, Teen) and adult (15, 18, mature, adult). You can also block specific TV shows and movies from individual profiles which means they don't show up in the browse or search results.

Have an open & honest conversation

Parents can review the TV shows and films that have been watched on each profile under their account. If your child seems upset or shocked by something they have seen or if you are concerned about anything they've viewed, try to talk to them about it and have an open and honest conversation to help understand any concerns.

Switch off autoplay

Netflix has two autoplay features that can be switched on and off across different accounts and takes effect across all devices. Parents can disable the ability for consecutive episodes to play automatically and for previews to play when browsing. Both can help to limit the amount of time children spend on the app.



Lock your profile

It's important to keep your own account secure so that children can't freely switch between profiles and potentially access more adult-themed content or change access levels. Parents can set up a Profile Lock PIN which means only they can access their own Netflix account.



Set screen time limits

Although switching off autoplay will help to stem programmes playing continuously, children can just as easily choose to play the next episode themselves. Whilst Netflix has no options to help limit viewing time, many devices now allow parents to set screen time restrictions, so you can switch off the app automatically when you think they've had enough.



Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



Create a strong password & always log out.

Given that Netflix doesn't use 2-factor authentication, the need for a unique username and strong password is even more important. Try to use a different password to ones you've used before and use a mixture of numbers, letters (uppercase and lowercase) and symbols, with a minimum of 8 characters. Always log out when not using your account so that if your device is lost or stolen, your account remains inaccessible.



SOURCES: <https://www.netflix.com> | <https://help.netflix.com/en/node/264> | https://www.ofcom.gov.uk/_data/assets/pdf_file/0023/190616/children-media-use-attitudes-2019-report.pdf

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @NationalOnlineSafety

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